



Teens: Why They Struggle and How We Can Help Them Heal

Thursday, January 18, 2018 7:00 PM

Minuteman Technical High School

758 Marrett Road Lexington, MA

Cutting, bullying, drug and alcohol abuse, depression and suicide have all seen huge spikes over the past 10 years. This is not typical child behavior, but a national epidemic, as our kids of all ages suffer the physical, psychological, emotional and spiritual damages from stress. In many communities, families and children suffer in silence. It has left us grappling with the question, "Why?"

This presentation focuses on the problems, the fallout, and some questions we need to ask ourselves, along with providing hope and answers. This frank, factual and inspirational presentation on the state of our youth in our communities is geared for parents, administrators, coaches and all those concerned with our children's well-being.

All are invited. There is no cost to attend.

Presented by Sal Caraviello, M. Ed, M.A.; Director of Ministries at St. Mary's Parish in Winchester. Sal has been working with kids of all ages for 30 years as a teacher, counselor, coach and youth minister. He earned a double major in Economics and American Studies, a Masters in Education, and a Masters in Pastoral Ministry. In 2015, the Town of Winchester selected Sal as their co-Citizen of the Year.

The Minuteman Skills USA Club will be hosting a Bake sale from 7-8pm